नेपाल स्वास्थ्य सेवा, कम्युनिटि नर्सिङ/पब्लिक हेल्थ नर्सिङ समूह, ११ तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

1. Introduction to Community Health Nursing
1.1 Historical development
1.2 Principles and scope of community health nursing practice
1.3 Ethical and legal issues
1.4 Politics influence on practice of community health nursing
1.5 Holistic care
1.6 Role of chief community health nursing administrator

2. Theories/Models related to Community Health Nursing
2.1 Precede-proceed model
2.2 Ice berg theory
2.3 Health belief model
2.4 Roy's adaptation theory
2.5 Freire's theory of empowerment
2.6 Peplau's theory of interpersonal relation
2.7 Nightingale's environment theory

3. National Health Policies and Programs
3.1 Sustainable development goals
3.2 Current health care delivery system in Nepal
3.3 Health scenario: Global, SAARC/SEARO, and national
3.4 Current health programs of Government of Nepal
3.5 Primary health care system in Nepal
3.6 Basic health services/universal health coverage
3.7 PHC out reach
3.8 National Immunization Program

4. Epidemiology and Community Health Nursing
4.1 Genetics and its relation to community health
4.2 Health indicators
4.3 Investigations of epidemic: Communicable and non-communicable diseases
4.4 Emerging and reemerging diseases
4.5 International health regulations

5. Nutrition and Health
5.1 Relationship between nutrition and health
5.2 Common nutritional problems
5.3 Socio-cultural aspects of nutrition
5.4 Nutritional programs lunched by the Government of Nepal

6. Reproductive Health
6.1 Reproductive health and life cycle approach
6.2 Reproductive health programs launched by Government of Nepal
6.3 Sexual and reproductive health issues: Unsafe sex, gender-based violence, obstetric violence
6.4 Family planning methods, unintended pregnancies, unsafe abortion
6.5 STI/HIV/AIDS, Hepatitis B
6.6 Sub-fertility and infertility
6.7 Women's empowerment for safe reproductive health

लोक सेवा आयोग

नेपाल स्वास्थ्य सेवा, कम्युनिटि नर्सिङ्ग/पब्लिक हेल्थ नर्सिङ्ग समूह, ११ तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

    6.8 Safe motherhood program in Nepal.

7. Maternal and Child Health
    7.1 Major neonatal problems
    7.2 National strategies and programs for saving newborn lives
    7.3 Community based interventions for improving maternal and child health

8. School health
    8.1 Scope and components of school health
    8.2 School health programs

9. Mental Health
    9.1 Magnitude and trends of mental health problems
    9.2 Rights of mentally ill clients
    9.3 Mental health welfare programs
    9.4 Management of mentally challenged groups: Substance abused and alcohol abused

10. Adolescent Health
    10.1 Adolescent health issues
    10.2 Adolescent friendly services
    10.3 Accessibility to health care
    10.4 Issues and health programs

11. Geriatric Health
    11.1 Physical, psychological and social problems of elderly people
    11.2 Geriatric health programs
    11.3 Training and supervision of care providers

12. Occupational Health
    12.1 Occupational health
    12.2 Screening and monitoring of health
    12.3 Workplace safety measures
    12.4 Occupational health services
    12.5 Health care waste management
    12.6 Occupational hazards and its preventive measures

13. Community Health Care Management
    13.1 Quality of health care
    13.2 Logistic management
    13.3 Performance appraisal
    13.4 In service education/training: Planning, implementation and evaluation
    13.5 Evaluation of community health programs
    13.6 Referral system

14. Trends and Issues in Community Health Nursing
    14.1 Under employment/unemployment
    14.2 Brain drain
    14.3 Harassment at workplace

15. Nursing Research
    15.1 Purpose and significance of research in community health nursing
    15.2 Steps of research process
    15.3 Principles and components of research proposal
    15.4 Components of research report

16. Job description of Public Health Nursing in different level of health sector

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